

Our national employment system



We dream about our future job since childhood and when we become students we start looking for our future employers. Some students start working during their studies, the other come to the work market having their diplomas.



Thousands of students study at the universities, colleges. Job for a student is not only the possibility to become independent from their parent or grants, but also is a very important thing to get practice.



Students look for the job by various ways: send CV to their potential employers, study the Internet advertisements or even try to find job with the help of their families, friends. Also they attend labour exchange. Sometimes employers themselves look for the students in the spheres where they lack people.



Lithuanian Labour Exchange

Lithuanian Labour Exchange is an institution under the Ministry of Social Security and Labour in charge for implementation of the public population employment guarantees on the labour market, directly subordinate and accountable to it. The activity of the institution is organized in accordance with annual activity plans approved by the Minister of Social Security and Labour.



Lithuanian Labour Exchange began its activities on 1 March, 1991. During over 20 years of work it has grown into an effective organization, which uses modern information technologies in providing services for jobseekers and employers. Currently the Lithuanian Labour Exchange and its 10 local labour exchange offices and branches in municipalities around Lithuania implement state employment guarantees on the national and local levels.

The main office, with divisions and staff, is in Vilnius.

Lithuanian Labour Exchange is led by the Director.

Lithuanian Labour Exchange had 1441 employees in June, 2013. Of these, 85.9 % percent were women and 14.1 % were men. The average age was 44 years.

Nearly 62.2 % of the employees have direct contact with jobseekers and employers.



There are two clients – employer and jobseeker. The Labour Exchange offer support for jobseekers who want to find a job more quickly, giving them the opportunity to acquire the necessary skills to compete and succeed in the labour market, and help employers to find qualified labour force. The Labour Exchange offer for our customers one of the Lithuania's largest database of job vacancies and jobseekers, which is updated constantly. The website provides a single online job search and supply system. The services are free of charge. Young people can start their working career on a voluntary basis.

Some advice for those who seek job



1. Write your CV very carefully, without mistakes



2. If you haven't been working for a long time, mention your former positions.



3. Emphasize your education.



4. Choose the enterprises that interest you.



5. Get interested in business news.



6. Don't be ashamed.



7. Have patience.



8. Go to the meeting with
the employer in high spirit.



9. Never speak bad about your former employer.



There are no ungifted people, there are people who don't know where they are gifted.

Career is a process which is planned, regulated, ruled over and controlled by the same person.

I want
I can
I get

